



Year 3

PSHE – Changing Me

Outcome: Ribbon mobiles complete a ribbon mobile identifying something they are looking forward to changes, worries and learning



Prior skills

Prior skills from Year 2

	Understand there are some changes that are outside my control and to recognise how I feel about this
	Recognise cycles of life in nature and understand the process of growing from young to old.
	Identify people I respect who are older than me.
	Understand that there are different types of touch and tell you which ones I like and don't like.
	Recognise the physical differences between boys and girls, use the correct names for parts of the body.
	Appreciate that some parts of my body are private.

Ideas and inspiration

Growing up



A baby growing in the uterus



Vocabulary:

- uterus
- womb
- nutrients
- survive
- affection
- puberty
- ovaries
- egg
- ovum / ova
- stereotypes

Take responsibility for your actions

		Working Towards	Within	Expected	Above
	To understand that in humans and animals lots of changes happen between conception and growing up and that usually it is the female who has the baby.				
	To understand how babies grow and develop in the mother's uterus including what a baby needs to live and grow.				
	To identify what I am looking forward to when I move to my next class.				

Respect

		Working Towards	Within	Expected	Above
	To start to recognise stereotypical ideas I might have about parenting and family roles.				
	To express how I feel about the changes happening to me and how I feel when my ideas are challenged.				
	To express how I might feel if I had a new baby in the family.				
	To understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies.				
	To identify how boys' and girls' bodies change on the outside and on the inside.				

Highlights: _____
