



Year 2

# PSHE – Changing Me

**Leaf mobile** Complete a leaf mobile about how they feel about their changes and about an older person they respect.

| Our School Rules       |                                      |
|------------------------|--------------------------------------|
| 1                      | Self-control                         |
| 2                      | Take responsibility for your actions |
| 3                      | Always follow instructions           |
| 4                      | Respect                              |
| 5                      | Stay safe                            |
| Learning Pride Success |                                      |

## Prior skills

### Prior skills from Year 1

|  |  |
|--|--|
|  | 1 Understand that changes happen as we grow and that this is ok.   |
|  | 2 Know that sometimes changes will happen whether I want them to or not  |
|  | 3 Understand that every time I learn something new I change a little bit.  |
|  | 4 Start to understand the life cycle of animals and humans.  |
|  | 5 Be able to tell you some things about me that have changed about me and some things that have stayed the same. |
|  | 6 Understand that growing up is natural and that everybody grows at different rates.                             |
|  | 7 Identify the parts of the body that make boys different to girls and using the correct names these.            |
|  | 8 Respect my body and understand which parts are private and why.  |

## Ideas and inspiration

Some parts of my body are private



Growing from young to old

People older than me



## Vocabulary:

- respect
- appearance
- physical
- independent
- freedom
- responsibilities
- public
- private
- touch
- like
- dislike

## Take responsibility for your actions

|         |   | Working Towards | Within | Expected | Above |
|---------|---|-----------------|--------|----------|-------|
| T       | 1 To understand there are some changes that are outside of my control and to recognise how I feel about this. |                 |        |          |       |
|         |   |                 |        |          |       |
| Respect |   | Working Towards | Within | Expected | Above |
| R       | 1 To recognise cycles of life in nature and understand the process of growing from young to old.              |                 |        |          |       |
|         | 2 To identify people I respect who are older than me.   |                 |        |          |       |
|         | 3 To understand that there are different types of touch and tell you which ones I like and don't like.        |                 |        |          |       |
|         | 4 To recognise the physical differences between boys and girls, use the correct names for parts of the body   |                 |        |          |       |
| Safe    |   | Working Towards | Within | Expected | Above |
| S       | 1 To appreciate that some parts of my body are private  |                 |        |          |       |

Highlights: \_\_\_\_\_

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