Langshott Learning Powers

Learning Dispositions	How children build learning muscles	How you can support your child at home
resilience	• I don't give up even when learning is hard • I like to be challenged • I don't let myself get distracted • I get absorbed in my learning	• Demonstrate/model sticking at things even if they are difficult • Talk about how you feel when you are taking on challenges • Praise your child when they persevere but also encourage them to take a break when they have had enough • Help them to find interests and activities that are really absorbing • Talk with them about what helps them to concentrate and manage distractions
reciprocity	• We can work independently but we are also good team players • We can put ourselves in someone else's shoes and show empathy • We are good listeners • We like to congratulate others on their ideas	• Demonstrate/model being a good learner • Work, play and learn alongside your child, enabling them to pick up good habits through imitation • Make expectations of turn-taking and co-operation clear
resourcefulness	• I try to find things out for myself • I use the resources around me • I link what I have already learned to help me learn new things • I use pictures in my head to help my thinking • I ask great questions • I like to go exploring for answers	• Encourage questions • Demonstrate making links between different ideas • Don't allow your child's imagination to shrivel up • Help them to find ways of using resources such as reference books, dictionaries and the internet
reflectiveness	• I am reflective and I think carefully about my learning • I plan my learning and use my everyday experiences to help me • I can review and redo to improve my learning • I enjoy talking about the progress I am making • I learn from my mistakes	• Encourage them to take responsibility for preparing for school • Ask not what they did at school, but what they learned • Help them to think about and plan activities • Encourage flexibility and the ability to change a plan if necessary