



1 LANGSHOTT PRIMARY SCHOOL  
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Headteacher Mrs SL Mackintosh BEd(hons) NPQH

### Relationships, Sex and Health Education Week (RSHE)

Dear Parent/Carer,

This term, class teachers will be teaching lessons that are part of an on-going programme of RSHE that begins in Reception and continues to Year 6.

Reception classes will be taught RSHE during the week commencing **8<sup>th</sup> June 2026**. The scheme of work covers:

- Bodies
- Respecting my body
- Growing up
- Growth and change
- Fun and fears
- Celebrations

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.

To avoid confusion, it is important that the proper terminology for the parts of the body are used from Reception upwards. It is fine for children to call the parts of the body by the 'home' names when not in school, but to prevent misunderstanding and confusion during lessons and school, proper names will be used, for example: penis; vagina and nipple, etc.

Vocabulary we use in Reception – adulthood, anus, anxious, baby, changes, coping, excited, feelings, female, grow, grown up, learn, life cycle, male, mature, new, penis, testicle, vagina, worried.

Please visit the school website to find out more information about RSHE week and our policy.

<https://www.langshott-surrey.co.uk/page/?title=Relationships+and+Sex+Education&pid=2138>

If you have any concerns about the RSE week, please email [info@langshott.surrey.sch.uk](mailto:info@langshott.surrey.sch.uk) or speak to the Reception team.

Many thanks.

Mrs Lane  
PSHE Lead