

Dear Parents/Carers,

Are you thinking of getting your child a smart phone for Christmas? If so, I'd urge you to avoid this and see the following website <https://smartphonefreechildhood.co.uk> and look at the attached PDF.

I often hear that parents buy a smart phone as they want to ensure that their child gets home from school safely. If so, please consider a simple phone that can make calls, but does not open up the internet to them. Below are some suggestions. Photos of these phones can be found via this link <https://smartphonefreechildhood.co.uk/alternatives>

#### **Nokia 2660 Flip £50-60**

- Texts and phone calls
- Very long lasting battery
- Range of colours
- Bright, colourful display (non pixelated text)
- Built in radio and torch
- Snake (and Tetris but you need to pay for the full game)
- Camera only usable for emergencies.

#### **The Light Phone II £235**

- A premium, minimal phone designed to be used as little as possible
- Black and white 'paper' screen like a kindle, which emits no blue light
- A customisable menu which includes like: an alarm, calculator, calendar, directions
- Music player
- Podcasts
- No internet, social media, email or internet
- Currently only compatible in the UK with Vodafone, Giff Gaff and Three

#### **Doro 708x £154.99**

- Calls only the three contacts you rely on the most with A, B and C speed-dial buttons.
- Can receive text messages but can't send them
- Shows the phone's location to assigned contacts.

#### **Nokia 105 £19.99**

- Sim-free mobile phone
- Talk, text and wireless FM radio
- Amazing battery life
- Torch and snake game

#### **Nokia 5710 £74.99**

- Like an iPod with in-built wireless earbuds which charge when not in use
- Inbuilt mp3 player with storage for thousands of songs
- Inbuilt speaker
- Wireless FM radio
- Great sound quality
- Great battery life
- No Wi-Fi or WhatsApp

**Sim Cards**

IMPORTANT – When you get a SIM card for your child’s phone, make sure that it has NO DATA roaming, only calls and texts so that there is no chance that they can access the internet. Currently Asda are the only company that are offering this.

Photos of these phones can be found here <https://smartphonefreechildhood.co.uk/alternatives>

Mrs Mackintosh